

## USDA Commodity Food Fact Sheet for Schools & Child Nutrition Institutions

(last updated, 05-11-07)

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### B883 – PUDDING, CANS, 50% CHOCOLATE & VANILLA, SINGLE SERVE, 3.25 OZ



### Nutrition Information

Pudding, cans, chocolate & vanilla

<b>CATEGORY</b>	<ul style="list-style-type: none"> <li>Other Foods</li> </ul>
<b>PRODUCT DESCRIPTION</b>	<ul style="list-style-type: none"> <li>50% chocolate and vanilla pudding is shelf stable and packaged in a 3.25 oz ready-to-eat can with aluminum pull-tab tops.</li> </ul>
<b>PACK/YIELD</b>	<ul style="list-style-type: none"> <li>48/3.25 oz units per case.</li> <li>Each individual unit provides 3.25 oz (by weight) of pudding.</li> <li>CN Crediting: This product does not meet crediting requirements for food-based menu planning for Child Nutrition Programs.</li> </ul>
<b>STORAGE</b>	<ul style="list-style-type: none"> <li>Store unopened pudding cans in a cool, dry place off the floor. For best quality, do not refrigerate or freeze or expose to direct sunlight.</li> <li>Use First-In-First-Out (FIFO) storage practices to ensure use of older product first.</li> </ul>

	3.25 oz can (92 g)
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Calories	124
Protein	2.30 g
Carbohydrate	20.73 g
Dietary Fiber	0.4 g
Sugars	17.53 g
Total Fat	3.5 g
Saturated Fat	1.02 g
Trans Fat	N/A
Cholesterol	5 mg
Iron	0.29 mg
Calcium	82 mg
Sodium	121 mg
Magnesium	13 mg
Potassium	135 mg
Vitamin A	26 IU
Vitamin A	7 RAE
Vitamin C	0.80 mg
Vitamin E	0.13 mg



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<b>PREPARATION/ COOKING INSTRUCTIONS</b>	<ul style="list-style-type: none"><li>• Pudding is ready to eat once can (unit) is opened.</li></ul>
<b>USES AND TIPS</b>	<ul style="list-style-type: none"><li>• Pudding may be used as a snack or dessert.</li></ul>
<b>FOOD SAFETY INFORMATION</b>	<ul style="list-style-type: none"><li>• Consume pudding upon opening.</li></ul>
<b>BEST IF USED BY GUIDANCE</b>	<ul style="list-style-type: none"><li>• For guidance on how to effectively manage, store, and maintain USDA commodities, please visit the FDD Website at: <a href="http://www.fns.usda.gov/fdd/facts/biubguidance.htm">http://www.fns.usda.gov/fdd/facts/biubguidance.htm</a>.</li><li>• For additional information on product dating, go to page 6 of <i>Choice Plus Food Safety Supplement</i> at: <a href="http://www.nfsmi.org/Information/choice-plus-food-safety-supplement.pdf">http://www.nfsmi.org/Information/choice-plus-food-safety-supplement.pdf</a>.</li></ul>